



VIENNA ROTARY NEWS

August 13, 2008



Chartered 1965
"Celebrating our 44th year of Service to the Community"

ROTARY CLUB OF VIENNA, Inc.
Wednesdays 12:15 PM
Award Winning Newsletter
2007 & 2008

Marco Polo Restaurant
245 W Maple Ave.
Vienna, VA 22180



Calendar of Events



Aug 24	Concert on the Town Green Social
Sept 6	McLean Fellowship/Family Day
Oct 31	Rotary Bowl Tailgate Social and Football Game



Upcoming Programs

August 20	Wayne Jackson <i>Classification Talk</i>
August 27	Devika Gutpa and George Eichert <i>Classification Talks</i>



Agenda for August 13th Meeting

- August 24 Jazz Concert reminder and sign up reminder
- Long range "Mark your calendar" notice for Rotary Bowl Tailgate Social and Football Game scheduled for October 31.
- Announce District 7610 Public Relations Grant program
- McLean Fellowship/Family Day on September 6th from noon to 5 PM
- Induct Hank Sternberg as a Vienna Rotary Member



Words of Wisdom

Individual effort when well-directed can accomplish much, but the greatest good must necessarily come from the combined efforts of many men. Individual effort may be turned to individual needs but combined effort should be dedicated to the service of mankind. The power of combined effort knows no limitation. This superlative power no man may appropriate to his own use. This is the world's subconscious conclusion. We must clearly understand the justice of it and measure up to its requirements.

The Rotarian, July 1917

View from the Tables

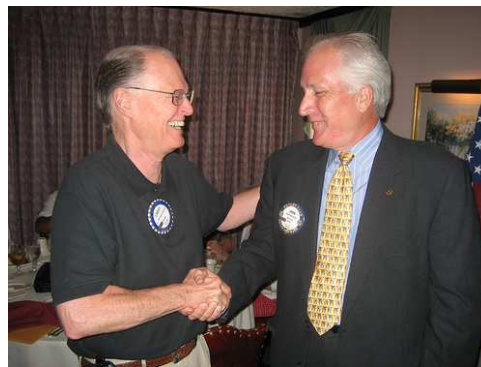
Meeting Called to order at 12:15 p.m. by **President John Brunow**.
Song: *America the Beautiful* led by **Richard Lukens**
Prayer: Led by **John Tate**
Anthem: Led by **Brendan Bernhart**



ANNOUNCEMENTS

President John Bruno opened the meeting by reading a letter from Travis White, Past District Governor. The letter from Mr. White applauded the Vienna Rotary Club for its membership growth in the 2007-2008 fiscal years. The Vienna Rotary Club has won a Rotary International Membership and Achievement award for highest percentage net growth.

President John then awarded **Larry Warren** his Sponsorship pin for bringing in a new member.



President John reminded the Club of the Concert on the Vienna Green on August 28th.

Gerry Hamilton announced that new Rotary Club signs have been installed at the entryway to the Town of Vienna. Gerry led this effort and is to be commended for his efforts.



George Creed was happy that he is going to Ireland next week for vacation and to celebrate his 44th wedding anniversary.

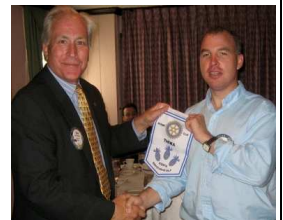
Dunnie Schutzengel was happy that her best friend is coming to visit.

Bob Easton was happy that he had attended a delicious crab feast this past weekend and that he had his family with him for the feast.

John Tate was happy that Don Hawkes came to visit as a Guest and that his extended family will be getting together this weekend.

Bob Oveissi, with both the most poignant and important news announced that his daughter is slowly recovering from a serious illness that has had her hospitalized for testing and treatment. The doctors have thankfully ruled out Hodgkin's disease and many other serious ailments but his daughter still has a ways to go in her recovery.

Craig Cole announced that he was back from Thika, Kenya on behalf of Five Talents where he picked up a flag from the Thika Rotary Club. Craig's trip was made



possible by \$25,000 raised by the Vienna Rotary Club in conjunction with another club.



On Sunday, August 24th, we are sponsoring a jazz concert on the Vienna Town Green and let's get your close friends involved. This event is a great way to show off Rotary to your friends and perspective members. So if you have a friend that you think would make a great Rotarian, then by all means invite them! Got any questions, just ask A.J. Oskuie for advice!



Visitors to the Vienna Club



Visiting Rotarians	Frank Kalewa , President of the Burke Rotary Club
Guests	<p>John Tate introduced Don Hawkes, the new Pastor at Oakton United Methodist Church and a potential member. Reverend Tate assumed his position on July 1st.</p> <p>Richard Lukens introduced the new Pastor at Seventh Day Adventist Church.</p> <p>Jim Marshall introduced his son, Jay, who is again a guest. Jim announced that Jay is taking a semester off from college so he may be a more frequent guest.</p> <p>Gerry Hamilton announced that he is celebrating his 38th anniversary with his wife, Katherine.</p>

Gambling

	<p>Matt Brennan won the small pot of \$40.00 and donated it back to the club. He then drew a spade and the large pot of over \$600 rolls over until next week. Matt then drew the 3 of hearts and the large pot of \$868 continues to grow until next week. There are only 5 cards, including the Joker remaining!</p>
	<p>Bob Ovessi won the Raspberry Peach Pie donated by <u>The Pie Gourmet</u>.</p>



Vienna Club Members can now access dozens of photos of our "Members Making a Difference" taken by our very own Gerry Hamilton. Visit <http://www.flickr.com/photos/16224073@N07/collections/72157602706602214/> to share in these special moments.



Today's Speaker
Katherine Bowen
Alzheimer's Association

Katherine ("Kate") Bowen, from the Alzheimer's Association spoke on facts, fiction and figures about Alzheimer's disease.



Kate told us that every 71 seconds someone is diagnosed with Alzheimer's. It is the 6th leading cause of death in the

U.S., now surpassing diabetes. There are over 5.2 million people who have the disease and it is expected to triple in the next decade as the baby boomers age and retire. Kate mentioned that Alzheimer's is also commonly called Dementia and that there are several different kinds of Alzheimer's, one of the most common being vascular Alzheimer's disease.

Kate told a heart wrenching story about how Alzheimer's has personally affected her in that her grandfather, who passed away one year ago had Alzheimer's disease. Kate described how the disease had slowly taken a once fun loving and vibrant man and robbed him of his memory and then eventually took his life. Her grandfather first

showed onset of the disease in 2005 and he slowly came to be unable to recognize her and



often mistakenly called her by her sister's name before forgetting who she was altogether. Kate told stories of her grandfather as a real jokester when she was a child; it was obvious how much the loss has impacted her life. We want to thank her for sharing her story with our club.

Kate also told us that there is a new program in the fight to find a cure for Alzheimer's called "Champions Program" that is designed to engage service clubs like the Vienna Rotary Club to be more involved in the fight. The Alzheimer's Association is sponsoring a "Memory Walk", which is the national association's principal event.

Kate encouraged members and guests to join her in a walk for the cure and to keep the research going.

Kate announced that there is a 24 hour help line available in 140 languages that can be accessed 365 days of the year.

Kate last touched on theories for preventative measures including eating "brain healthy" foods such as salmon which is rich in oils, strawberries and other vegetables. She stated that keeping the brain active is important and that cognitive brain exercises such as crossword puzzles seems to help. She also encouraged physical exercise including walking as having preventative aspects.

More information is available on www.ald.org



3H Grant for Water Project in Uganda

3H Grant for Water Project in Uganda, spear headed by John Veldhuis of Rosslyn Club, needs our assistance right away. John Veldhuis is applying for a **3H grant for \$300,000.00** and all we need is under \$ 15K. John has been working very hard on this project and has commitments from these clubs.

- Kyengera Club (Uganda) Rosslyn Club
- Manassas Club
- Private Donation
- Tysons Corner Club

It is for a safe water project in 8 schools plus the neighborhood of 5,000 who have been drinking contaminated water and getting sick. You will be saving lives or miseries. If you would like to make a pledge or have any questions, please contact John Veldhuis (703-750-1670).



Meetings Locations & Times

- Monday
7:30 AM Alexandria South IHOP
7:30 AM Fair Lakes Fair Lakes Hyatt Regency
12:00 PM Alexandria West End Duke's Cafe
12:15 PM Fairfax American Legion Post 177
12:30 PM Sterling Logan's Roadhouse
Tuesday
7:30 AM Bull Run City Tavern Manassas
7:30 AM Leesburg Tuscarora Mill Rest.
7:30 AM Burke Brion's Grill Burke
11:30 AM Centerville-Eggspectations in Chantilly
12:00 PM McLean Redeemer Lutheran Church
12:15 PM Alexandria Radisson Hotel Old Town
12:30 PM Roslyn-Fort Myer Vantage Point Rest.
Wednesday
7:30 AM West Springfield Springfield CC
7:30 AM Crystal City Crystal City Marriott
7:30 AM Herndon Amphora Diner Deluxe
7:30 AM Gainesville-Haymarket Piedmont Ctry Club
12:15 PM Annandale Squire Rockwell's Rest.
12:15 PM Manassas City Tavern Grille
12:15 PM Reston Hunters Hidden Creek CC
Thursday
7:30 AM Tysons Corner Tower Club
12:15 PM Arlington La Cote d' Or
12:15 PM Springfield Greenspring Village Sq.
12:15 PM Warrenton Fauquier Springs CC
6:30 PM Falls Church Harvest Moon Rest.
Friday
7:30 AM Bailey's Crossroads Athens Rest.
7:30 AM Dulles Center for Innovative Tech
12:30 PM Dunn Loring J.R.'s Stockyards Inn

See
www.rotary7610.org/club_meetings.html
for complete list of meeting times
Rotary Club of Vienna
2008- 2009 Leadership Team

- President - John Brunow
President Elect - Jim Marshall
Vice President - Richard Lukens
Past President - Larry Warren
Director at Large - Matt Brennan
Executive Secretary - Gerry Hamilton
Treasurer - Howard Svigals
Chair Administration Committee - Bindy Lichtenfels
Director Club Service - Joe Pace
Chair Membership Committee - A.J. Oskuie
Chair Public Relations - Wayne Jackson
Chair The Rotary Foundation Committee - Jorge Diaz
Vienna Rotary Foundation - Matt Brennan
Chair Viva! Vienna! - Woody Bentley
Dir. Vocational Service - Duni Schutzengel
Dir. International Service - Jim Marshall
Vice Chair Intern'al Service - J. Scholes
Sergeant at Arms - Dean Southee

Vienna Rotary Receives Recognition for Membership Efforts

Email from PDG Travis White

Fellow Rotarians,

For Rotary Year 2007-2008, it's "all over but the shouting," as they say - and now that end-of-the-year membership reports are all in, some of the shouting I'd like to do, in wrapping up the year's business, is to congratulate the clubs of our district whose exceptional membership growth, recruitment, or extension captured one of our membership awards this year.

First, congratulations to the following winners of Rotary International "Membership Development and Achievement" Awards:

Vienna: Percentage Growth

Alexandria: Most New Members

Albemarle County: Retention

In addition, congratulations are due to the winners of our District 7610 Membership Awards, as follows:

Table with 3 columns: Club Type, Net Growth (%), Number of New Members %. Rows include Small Clubs (West Point), Medium Clubs (Gloucester Point), and Large Clubs (Vienna, Manassas).

Finally, I don't want to forget the clubs whose membership achievements were honored earlier in the year, at our Awards/Installation Banquet: West Point won the RI Membership Development Initiatives award for recruitment; and Springfield won a special RI award for targeted growth among clubs with fewer than 20 members.

As we all know, membership is core of everything else we do in Rotary, and extending our membership base is therefore the most fundamental way that we could have carried out Past RI President Wilkinson's motto, "Rotary Shares." I sincerely thank these award-winning clubs, and the many others that had very impressive records of membership gain or retention, for their efforts this past year.

Yours in Rotary
PDG Travis White